



RECIPE NAME: Microwave Chex Mix

FROM THE KITCHEN OF: Kate (Erickson) Beau '01

INGREDIENTS:

- 1/4 cup Melted Butter
- 1 Tablespoon Lowry's season salt
- 1 teaspoon garlic powder
- 5 tablespoons Worcestershire Sauce
- 4 cups corn Chex
- 4 cups rice Chex
- 1 cup pretzel sticks
- 1 cup cashews
- 1 cup Cherrios (optional)

INSTRUCTIONS:

Mix melted butter, seasonings and Worcestershire in a large bowl. Add remaining ingredients and lightly toss to coat with liquid! Cook on high in microwave for 2 minutes. Mix/toss. Cook on high another 2 minutes. Mix/toss. Cook on high for 1 more minute. Immediately Pour and spread over long sheets of paper towel to cool! Store in air tight container or zip lock bags!

